



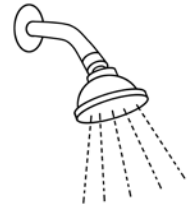
Use Water Wisely

We use a lot of water for drinking, cooking, and cleaning. How can we use water wisely?

Turn off the tap while you brush your teeth. Turn it on only for rinsing. Turn off the tap while your scrub your hands with soap, too.



Take a short shower instead of a bath. A shower uses less water.



Make sure you have a full load before using the dishwasher.



Do you want a glass of cold water? Do not let the tap run until the water is cold. Keep a bottle of water in the refrigerator. Then pour only as much water as you can drink.



Turn off the tap tightly after you use it. Small drips waste water.



Brain Stretch

Design a poster on tips for saving water.








Activity: How Much Water Do I Use?

Find out how much water you use.

What You Do

1. Choose one day. Each time you use water, put a checkmark in the chart.

How I Use Water	Number of Times in a Day
Drinking 	
Washing hands 	
Brushing teeth 	
Flushing the toilet 	
Taking a bath or shower 	
Other	

2. Think about how you use water. What could you do to save water?
