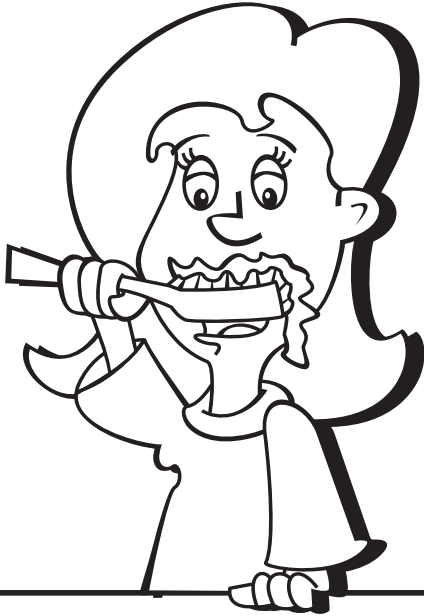


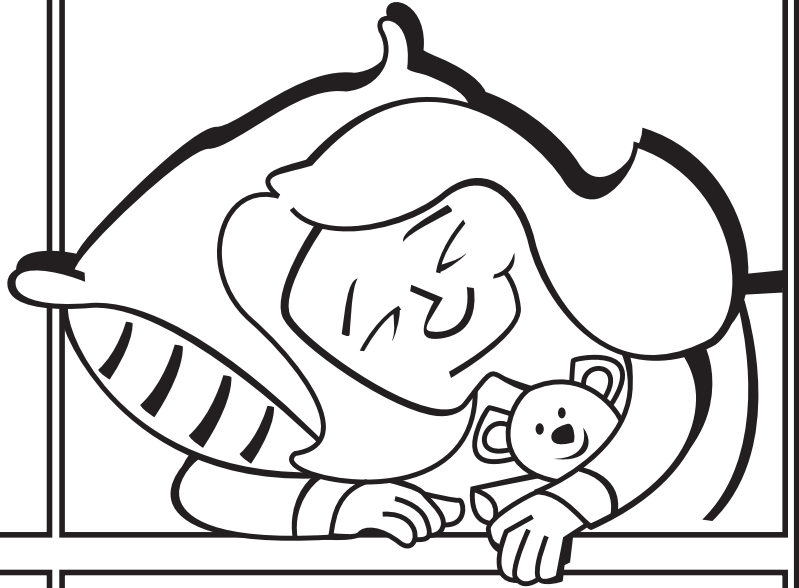
# Healthy Habits

Explain why each of the following are healthy habits:

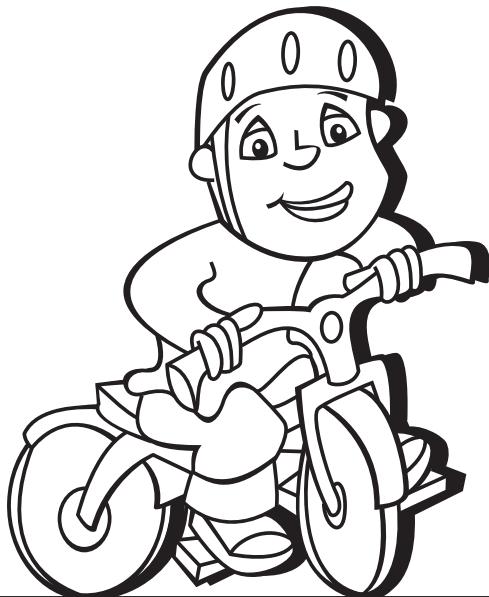
## Brushing Your Teeth



## Getting a Good Night's Sleep



## Exercising



## Eating Healthy Foods

