

Canadian Daily Reading Comprehension

6



Includes

- Understanding Context
- Making Connections
- Critical Thinking
- Teaching Tips
- Graphic Organizers

Read with Confidence!

How You Can Help Your Child at Home

Tips for Reading Comprehension

- Have your child read the text aloud to you, or take turns reading alternate sentences or paragraphs together.
- Talk with your child about what they have read, and brainstorm ways the information in the text relates to their life.
- Discuss the meanings of unfamiliar words that they read and hear.
- Help your child monitor his or her understanding of what they have read. Encourage your child to consistently ask themselves whether they understand what the text is about.
- To ensure understanding of the text, have them retell what they have read.

Tips for Completing Activities

- Review instructions with your child to ensure they understand the questions.
- Encourage your child to go back to the article to support his or her answers. Then have your child highlight the important information from the text passage to help them answer the question.
- Offer your child ample opportunities to share with you their answers and the thinking processes they used to arrive at those answers.

Authors: George Murray, Elizabeth MacLeod, Janis Barr

Illustration: Jonathan Barker

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Canadian Daily Reading Comprehension Grade 6

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Introduction

Reading comprehension is the cornerstone of a child's academic success. By completing the activities in this book, children will develop and reinforce essential reading comprehension skills. Children will benefit from a wide variety of opportunities to practice engaging with text as active readers who can self-monitor their understanding of what they have read.

Children will focus on the following:

Identifying the Purpose of the Text

- The reader understands, and can tell you, why they read the text.

Understanding the Text

- What is the main idea of the text?
- What are the supporting details?
- Which parts are facts and which parts are opinions?

Analyzing the Text

- How does the reader's background knowledge enhance the text clues to help the reader answer questions about the text or draw conclusions?
- What inferences can be made by using information from the text with what the reader already knows?
- How does the information from the text help the reader make predictions?
- What is the cause and effect between events?

Making Connections

How does the topic or information they are reading remind the reader about what they already know?

- Text-to-self connections: How does this text relate to your own life?
- Text-to-text connections: Have I read something like this before? How is this text similar to something I have read before? How is this text different from something I have read before?
- Text-to-world connections: What does this text remind you of in the real world?

Using Text Features

- How do different text features help the reader?

Text Features

Text features help the reader to understand the text better. Here is a list of text features with a brief explanation of how they help the reader.

Contents	Here the reader will find the title of each section, what page each text starts on within sections, and where to find specific information.
Chapter Title	The chapter title gives the reader an idea of what the text will be about. The chapter title is often followed by subheadings within the text.
Title and Subheading	The title or topic is found at the top of the page. The subheading is right above a paragraph. There may be more than one subheading in a text.
Map	Maps help the reader understand where something is happening. It is a visual representation of a location.
Diagram and Illustration	Diagrams and illustrations give the reader additional visual information about the text.
Label	A label tells the reader the title of a map, diagram, or illustration. Labels also draw attention to specific elements within a visual.
Caption	Captions are words that are placed underneath the visuals. Captions give the reader more information about the map, diagram, or illustration.
Fact Box	A fact box tells the reader extra information about the topic.
Table	A table presents text information in columns and rows in a concise and often comparative way.
Bold and Italic text	Bold and <i>italic</i> text are used to emphasize a word or words, and signify that this is important vocabulary.

How to Be a Good Babysitter

Have you ever babysat for a younger brother or sister? Have family, friends, or neighbours asked you to babysit? Would you like to earn some money by babysitting?

Babysitting is often a first job for young people like you. But babysitting is more than just a job. It is a great responsibility. When you babysit, you are responsible for another person. It is your job to keep that person safe, healthy, and happy. That is quite a lot to ask. So how can you make sure that you can do the job well? Here are some very important tips to follow to help.

1. **Take a babysitting course.** Courses are often offered through schools, hospitals, or community organizations. Most courses focus on child safety and first aid.
2. **Learn about the child you will be babysitting before you do the job.** This will mean a visit with the parents or adult you will be working for. Find out as much as you can about the child. Allergies and fears are very important things to know, as well as favourite foods and games. Write down what you learn.
3. **Ask about household rules.** What time does the child go to bed? Can the child watch television? For how long? Which shows? What snacks can the child have? Remember that you are taking the place of the parents and need to follow their rules. You are responsible for the house too. Make sure you keep everything clean and tidy.
4. **Make sure you have a written contact list.** You should know how to contact the parents. As a backup, it is good to get the phone number of another adult that you could call in case you cannot contact the parents. Also have emergency numbers written down.
5. **Plan what you are going to do with the child.** Plan games that the child might like to play. Think about books you can read together. Doing something is always better than sitting in front of a Television or a video game.
6. **Stay focussed on the job.** Your main responsibility is to the child, so do not phone or text friends when you should be watching the child.
7. **Have fun.** Say positive things, smile, and laugh. The more fun you have with the child, the happier the child will be with you. Most children will be anxious when their parents leave, so it is important to make babysitting a positive experience for both of you.

If you do not feel ready to babysit but would like to in the future, think about being a helper. A helper is someone who looks after children while the parents are home. This will give you experience but with less responsibility. You can also talk to others who babysit. Find out what they do that works well. Read about babysitting on the Internet or in books. The more you know, the more prepared you will be to try babysitting—and to do a great job.

Aaron, age 6

- no allergies
- likes a banana before going to bed
- bedtime is 8
- leave night light on
- Mrs. Crawford
555-795-8512
- Mrs. Singh (neighbour)
555-754-9923



“How to Be a Good Babysitter”—Think About It

1. What does the author suggest you do if you are not ready to try babysitting yet?

2. Why is it important to know things such as a child’s fears or allergies?

3. This text includes a numbered list. How is this list different from one you might find in a text that is telling you how to make something?

4. What is the author’s point of view in this text? How does the author support this point of view?

5. What does the author mean by the sentence “That is quite a lot to ask”? Use specific details from the text to support your answer.

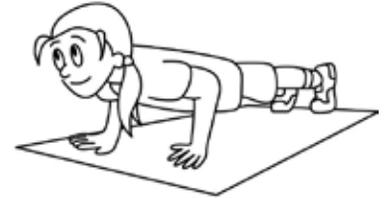
6. Do you think this text is fact or opinion? How do you know? Explain your ideas fully.

Build Up That Body

We all know that being physically fit is a good thing. Being fit helps you keep your body at a healthy weight, helps prevent some diseases, makes you feel better mentally, gives you more energy, and helps you sleep better. Physical fitness has different parts or components. Four of these are muscle strength, muscle endurance, flexibility, and cardiovascular fitness.

Muscle Strength

Muscle strength is the amount of force a muscle can produce or exert. Some types of exercise can make your muscles stronger. When your muscles are stronger, you can do everyday things more easily. And when you strengthen your muscles, you are strengthening your bones as well. When your muscles push and pull against your bones, this makes your bones stronger. Some activities and exercises that will build stronger muscles and bones are doing push-ups, playing tug-of-war, climbing stairs, running, yoga, and bike riding.



Muscle Endurance

Muscle endurance is different from muscle strength. Muscle endurance is how many times or for how long a muscle can exert a force. Muscle endurance is very important if you play a sport or game that lasts for a long time. Sports such as football, hockey, tennis, and cross-country running will help improve muscle endurance. Upper body exercises such as push-ups and chin-ups will help improve endurance and strength too.



Flexibility

Flexibility is how far your muscles can stretch. When you are flexible, you can move your arms and legs freely without feeling tightness or pain. You can bend and stretch easily. Exercise and activities you can do for good flexibility include gymnastics, ballet, and martial arts. Or you can do simple stretches such as touching your toes and bending your body from side to side.



Cardiovascular Fitness

Your heart pumps blood around your body through blood vessels. Your blood carries oxygen to all parts of your body. Cardiovascular fitness is a measure of how well your heart pumps blood to deliver oxygen. When you do activities or an exercise that make your heart pump faster, it gets better at doing its job. Anything that makes your heart beat faster and gets you breathing faster will help your heart improve. So go ahead and swim, play basketball, run, inline skate, jump rope, or cross-country ski. Your heart will thank you.





“Build Up That Body”—Think About It

1. How do your muscles help your bones? Use evidence from the text to support your answer.

2. How do cardiovascular activities affect your heart? Write the sentence in the text that helped you find this answer.

3. How can flexibility help your body do everyday things? What do you think might happen if you were not very flexible?

4. What conclusions can you make about different types of activities and their connection to different components of physical fitness? Support your ideas with examples from the text.

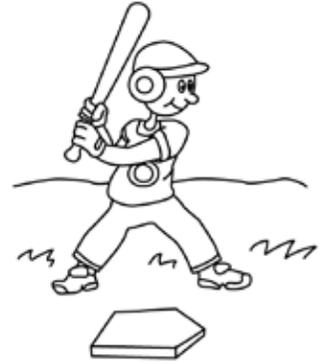
5. Cardio refers to the heart. Vascular refers to blood vessels. Which component of physical fitness uses these terms and why?

6. What is the main idea of the introductory paragraph? How does the author expand on this idea?

Do It Safely

You know how important physical activity is for your body. When you get your body moving, you are keeping your body healthy now and for the future. You can play a team sport such as hockey or baseball. You can do classes in yoga or aerobics. You can train to take part in a run. You can play with your friends at the park or ride your bikes together.

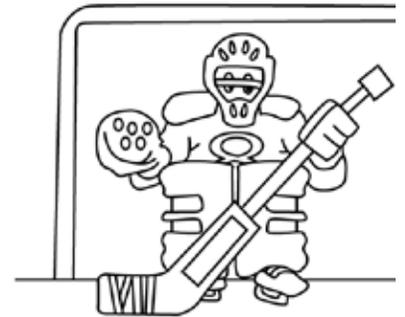
You should do different activities so all parts of your body get a workout. You should exercise regularly. But the most important thing is to enjoy what you do. If you like something, you will do it more often.



Keeping Safe

No matter what you do, it is important to do it safely. Here are some tips to help you keep safe.

- Choose the proper equipment. Wear the proper helmet for your activity. A bicycle helmet is different from a helmet you would wear to play hockey. Protect your eyes. Wear the proper goggles or face guards for the activity. If you wear glasses, get a prescription pair of goggles. Do not wear your regular glasses to play a sport.



Wear a mouth guard to protect your mouth and teeth for sports such as football. Wear pads to protect parts of your body for activities such as skateboarding. Wear the proper footwear for the activity. And make sure your footwear is in good shape. Worn-out shoes can be dangerous. Know how to use your equipment properly.

- Warm up for any activity or exercise. If you are riding your bike, start off slowly. Give your muscles a chance to move before working them too hard. Before playing a sport, do some easy jogging or walking. Then do some stretches to warm up your muscles.
- Give your body time to heal if you hurt yourself. And if you do get an injury, stop what you are doing right away. Do not exercise if you are sick. Wait until you are feeling better.
- Follow the rules of the game you are playing. Rules not only keep a game fair, but they protect the people playing. And follow the rules of the road if you are inline skating or riding your bike.



Now get out there and have fun!



“Do It Safely”—Think About It

1. The author describes three things to do to get the most out of physical activity. What are these?

2. Why should you warm up before doing an activity? Do you think you would need to warm up before going for an easy walk? Why or why not?

3. Why should you stop as soon as you get an injury? What might happen if you did not stop?

4. Write a summary of the “tips to help keep you safe.”

5. What is the relationship between equipment and safety during physical activity? Use specific details from the text to support your answer.

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